## PRESS RELEASE

## **CARERS VISIT CHEPSTOW CASTLE**



Chippenham-based Charity Fun4All, which aims to give Carers and those they Care for a break, continued its programme of activities on 11 July 2019 with another trip out.

15 Members were transported to the 1000 year old Chepstow Castle for a few hours on what turned out to be a really lovely day. All managed the incline up to the Castle where we arrived just in time to hear a short talk on its history.

There were plenty of seats around for a rest and to take in the views. Most of us were able to climb the steps to the higher levels to explore all the nooks and crannies.

On the opposite side of the road was a Free Museum which again many visited and thoroughly enjoyed.

The trip was completed with a free drink and a piece of cake at the very friendly Woof Cafe. We all came home feeling rejuvenated and very happy!

Our Programme for 2019 continues on July 26 when we have a buffet Luncheon and entertainment from Graham Harding , the Ukelele man, in a welcome return.

We welcome enquiries from anyone who is a Carer 24/7 and are in need of a break. You would be made very welcome to join in with our monthly events which are put on at minimal cost in the Rotary Hall, Station Hill, Chippenham. Please contact 01249 654390 for further information or visit our Website fun4all.org.uk

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## PRESS RELEASE ENDS

Editors Notes : For further details please contact Mike Oakes via e-mail <u>chair@fun4all.org.uk</u> or Telephone 01249 660010